



Health Services

Asthma Emergency Care Plan

Asthma is a condition in which your airways narrow and swell and produce extra mucus. This can make breathing difficult and trigger coughing, wheezing and shortness of breath.

If You See This	Do This
<ul style="list-style-type: none"> • Difficulty talking • Cough • Wheezing, difficulty swallowing or breathing • Not mentally alert as evidenced by difficulty concentrating or appearing confused • Using neck muscles, muscles between ribs or stomach muscles to breathe • Extreme paleness/gray color, clammy skin • Blue discoloration around of lips/fingernails • Unresponsive/Loss of consciousness 	<p><u>Stay with student, keep student calm/quiet</u></p> <ol style="list-style-type: none"> 1. Let student self-administer inhaler OR 2. Assist student or administer inhaler if trained 3. If student responds to inhaler and shows improvement let student continue with class 4. If concerned, send for School Nurse <p><u>If no response to prescribed medications or no improvement after 10-15 minutes</u></p> <ol style="list-style-type: none"> 1. Call 911 2. Send for School Nurse and state student's name, state asthmatic reaction so nurse can bring emergency medication 3. Notify Administration 4. Nurse /Administration will notify Parent/Guardian <p>*When airways get very tight, wheezing often goes away because the person cannot breathe with enough force to cause wheezing</p>

An **Emergency Care Plan** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
 1. If the student uses emergency medication/s
 2. If the student keeps emergency medication/s with them
 3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s