



Health Services

## Hemophilia/Bleeding Disorder Emergency Care Plan

Hemophilia is a bleeding disorder that slows the blood clotting process. In severe cases of hemophilia, continuous bleeding occurs after minor trauma or even in the absence of injury (spontaneous bleeding). Serious complications can result from bleeding into the joints, muscles, brain, or other internal organs.

- Observe the student constantly for swelling, minor trauma, possible internal bleeding and/or signs of shock (pallor, rapid pulse, weakness, sweating).
- A severe bleed or injury requires IMMEDIATE ACTION. **CALL 911.**  
If student is not breathing, start rescue breathing or CPR by a trained individual

If You See This	Do This
<ul style="list-style-type: none"> <li>• Swelling in an area</li> <li>• Open cut or active bleeding</li> <li>• Hard/severe blow to the body or head</li> <li>• Complaint of stinging, burning, pain deep inside</li> <li>• If pain is in groin area near femoral artery</li> <li>• Nausea, headache, dizziness, visual disturbances</li> </ul>	<p><b><u>Stay with student, keep student calm/quiet</u></b></p> <ol style="list-style-type: none"> <li>1. Call 911</li> <li>2. Send for School Nurse and state student's name</li> <li>3. Apply firm pressure to the site</li> <li>4. Elevate affected area.</li> <li>5. If pressure alone does not stop bleeding hold pressure on the supply artery at the same time.</li> <li>6. Notify Administration</li> <li>7. Nurse /Administration will notify Parent/Guardian</li> </ol>

An **Emergency Care Plan (ECP)** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
  1. If the student uses emergency medication/s
  2. If the student keeps emergency medication/s with them
  3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s