

Wellness Advisory Committee

April 11, 2007

I. Call to order

Dr. Lagotic called to order the regular meeting of the **Wellness Advisory Committee** at **4 p.m.** on **April 11, 2007** in **Conference E**.

II. Roll call

Dr. Lagotic introduced all committee members.

III. Reviewed Wellness Policy

- a) Dr. Lagotic led the discussion of each goal and evaluation of the Wellness Policy.
- b) Sandy Hollinger, Sandi Medeiros and Maria Eunice discussed the different ways that principals, teachers and cafeteria staff were making sure that each goal is being met.
- c) The Evaluation and Measurement Tools will be sent to the principals. Their response is due back by May 11, 2007 for the information to be compiled for the next meeting.

IV. New business

- a) Eileen Roy shared that she has read that having recess before lunch is more beneficial for students. She asked that this information be shared with schools and that, if possible, schools schedule recess before lunch.
- b) Eileen Roy would like to see a change in wording on section 4b. She will work on the new wording and report back at the next meeting.
- c) Wes Eubank would like to see the exact guidelines of the USDA Dietary Guidelines for Americans. Maria Eunice will get the web link for all members to access.

V. Adjournment

Dr. Lagotic scheduled the next meeting for May 23, 2007 and adjourned the meeting at 5:20 p.m.