

THE SCHOOL BOARD OF ALACHUA COUNTY, FLORIDA
MINUTES OF THE SUPERINTENDENT'S WELLNESS ADVISORY
COMMITTEE MEETING
OCTOBER 3, 2007

The Superintendent's Wellness Advisory Committee met in regular session duly called at 4:00 p.m. in Conference Room E, 620 East University Avenue, Gainesville, Florida. Present were: Diana Lagotic, chairman; committee members Wesley Eubank, Sandi Medeiros, Janine Plavac, Lillian Swanger; staff members Maria Eunice, Sandy Hollinger; and visitor Kristin Giannas.

The meeting was called to order by Chairman Lagotic.

MEETING

Diana Lagotic welcomed the committee, staff members, and visitor. The toolkit from the Alachua County Team for Healthy Kids was reviewed by the attendees. All principals have received one. The Reindeer (mile run) Run poster was distributed. Janine Plavac discussed Taylor Fit for Kids and that volunteering would be a good source for student community service.

Sandy Hollinger requested that Maria Eunice suggest that food service managers work with the principal or APC regarding themes, etc. Sandi Medeiros suggested healthteacher.com as a resource. Janine Plavac noted that high school students were "picky" eaters compared to the younger students.

Maria Eunice spoke of a pilot survey asking students what they would like. Janine Plavac suggested GHS be one of the schools due to the large free and reduced lunch population.

Diana Lagotic advised that the 150 minute P.E. requirement is in place, in the data base, and is running smoothly. Wes Eubank related that early release Wednesday makes it all difficult and that parents want more "social" time for their children.

Maria Eunice discussed the healthy vending machine pilots-Hidden Oak, Kirby-Smith, and Sivia Center. The machines are doing well, are filled approximately every two weeks, and cost less than before. Principals and the school based committee decide what types of vending machines are used in faculty lounges.

Sandy Hollinger said we will need to focus more on middle school and high school.

Maria Eunice will gear future promotions more towards the secondary grades.

Approved December 11, 2007

Diana Lagotic asked if there were any questions or concerns and thanked everyone for attending the meeting. The next meeting will take place on February 20, 2008.

ADJOURNMENT

The meeting was adjourned at 4:40 p.m.