

**Alachua County School Food and Nutrition Services**  
**Middle/High School May 2008**  
*Week of May 5-9: Alachua County School Lunch Week*

<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday 5/1</b>	<b>Friday 5/2</b>
			Fruit Jc & Choice of Lowfat/FF Milk French Toast w/Syrup or Assorted Cereal w/Cinnamon Toast ----- Baked Chicken Steamed Rice (or Roll) Seasoned Greens (or Green Beans) Chilled Pineapple Tidbits  Salad Plate or Sandwich (Wrap) Plate  Choice of Lowfat/Fat Free Milk	Fruit Jc & Choice of Lowfat /FF Milk Turkey Sausage Patty w/Biscuit or Ass. Cereal w/ WW Toast & Jelly ----- Fish Wedge and Grits (or Ham w/Macaroni & Cheese) Seasoned Greens Chilled Peach Cup  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat/Fat Free Milk
<b>Monday 5/5</b>	<b>Tuesday 5/6</b>	<b>Wednesday 5/7</b>	<b>Thursday 5/8</b>	<b>Friday 5/9</b>
Fruit Jc & Choice of Lowfat/FF Milk Waffle Sticks w/Syrup or Assorted Cereal w/Cinnamon Toast ----- Turkey & Rice (or Turkey, Mashed Potato & Gravy) Whole Wheat Roll w/jelly California Blend Fruited Crisp  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat/Fat Free Milk	Fruit Jc & Choice of Lowfat/FF Milk Strawberry Banana French Toast or Assorted Cereal w/ Cheese Toast ----- Beef-a-roni (or Spaghetti) w/ Pureed Carrots Garlic Breadsticks Tossed Salad w/Dressing Chilled Peach Cup  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat /Fat Free Milk	Fruit Jc & Choice of Lowfat/FF Milk Egg Patty w/Biscuit and jelly or Assorted Cereal w/Biscuit & Jelly ----- Popcorn Chicken(Ch. Nugget) Bowl Green Beans WW Roll w/jelly  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat/Fat Free Milk	Fruit Jc & Choice of Lowfat/FF Milk Pancake Pup w/Syrup or Assorted Cereal w/ww Toast & Jelly ----- Loaded Potato w/Turkey Ham, Cheese Sauce, & Sour Cream Roll w/jelly Steamed Broccoli Apple Wedges  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat /Fat Free Milk	Fruit Jc & Choice of Lowfat/FF Milk Turkey Canadian Bacon on Biscuit or Assorted Cereal w/ww Cinnamon Toast ----- Chicken Alfredo and Noodles Mixed Vegetables Chilled Pineapple Tidbits  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat/Fat Free Milk

( ) Manager may substitute. Other food items may also be offered. **All menus subject to change.**

In accordance with Federal law and US Department of Agriculture policy, this institution is prohibited from discriminating on the basis of race, color, national origin, sex age, or disability. To file a complaint of discrimination, write USDA, Director, Office of Civil Rights, 1400 Independence Avenue, SW, Washington, D.C. 20250-9410 or call (800)-795-3272 (voice) or (202) 720-6382 (TTY). USDA is an equal opportunity provider and employer.

**Middle/High School May 2008 Menu**

<b>Monday 5/12</b>	<b>Tuesday 5/13</b>	<b>Wednesday 5/14</b>	<b>Thursday 5/15</b>	<b>Friday 5/16</b>
Fruit Jc & Choice of Lowfat/FF Milk French Toast Sticks w/Syrup or Assorted Cereal w/Cinnamon Toast	Fruit Jc & Choice of Lowfat/FF Milk Scrambled Eggs w/Grits or Assorted Dry Cereal w/WW Toast & Jelly	Fruit Jc & Choice of Lowfat/FF Milk Turkey Sausage & Biscuit or Assorted Dry Cereal w/Graham Crackers	Fruit Jc & Choice of Lowfat/FF Milk Sweet Potato Muffin or Assorted Dry Cereal w/Cinnamon Toast	Fruit Jc & Choice of Lowfat/FF Milk Waffle Sticks w/Syrup or Assorted Dry Cereal or Graham Crackers
Chicken(or Turkey) & Rice Mixed Vegetables Mixed Fruit Cup	Soft Turkey Taco w/ Salsa, Fat Free Sour Cream Mexicorn Corn (Corn on Cob) Chilled Orange Wedges	BBQ Chicken or BBQ Pulled Pork on WW Bun Steamed Carrots Frozen Fruit Bar	Home Style Lasagna Garlic Breadstick Seasoned Green Beans Chilled Pears	Pizza (or Grilled Cheese w/Soup) Tossed Salad w/Dressing Chilled Rosy Applesauce
Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate
Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk
<b>Monday 5/19</b>	<b>Tuesday 5/20</b>	<b>Wednesday 5/21</b>	<b>Thursday 5/22</b>	<b>Friday 5/23</b>
Fruit Jc & Choice of Lowfat/FF Milk Turkey Canadian Bacon w/Biscuit or Assorted Dry Cereal w/Cheese Toast	Fruit Jc & Choice of Lowfat/FF Milk Pancake Pup w/Syrup or Assorted Dry Cereal w/WW Toast & Jelly	Fruit Jc & Choice of Lowfat/FF Milk Cinnamon French Toast or Assorted Dry Cereal w/Cinnamon Toast	Fruit Jc & Choice of Lowfat/FF Milk Waffles w/Syrup or Assorted Dry Cereal w/Graham Crackers	Fruit Jc & Choice of Lowfat/FF Milk Sausage Biscuit or Assorted Dry Cereal w/WW Toast & Jelly
Pig's in a Blanket(or Chicken Nuggets) Coleslaw Baked Beans Chilled Pineapple Tidbits	Turkey Tetrazzini (or Turkey Pot Pie or Turkey & Mashed Potato & Gravy) WW Roll w/ Jelly Steamed Carrots Chilled Apple Wedges	Chili con Carne over Rice(or Grilled Cheese Sandwich w/Minestrone Soup) Garden Salad w/Salad Dressing Chilled Pears	Country Beef Steak Mashed Potatoes w/Gravy ww Roll w/jelly Seasoned Greens (or Green Beans) Red Gelatin w/ Peaches	Cuban Pulled Pork Sandwich on ww Bun Peas & Carrots Banana Brownie w/Walnuts
Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate	Salad Plate or Sandwich(Wrap) Plate
Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk	Choice of Lowfat/Fat Free Milk

Other food items may also be offered. ( ) manager may substitute . **All menus subject to change**

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## Middle/High School May 2008 Menu

<b>Monday 5/26</b>	<b>Tuesday 5/27</b>	<b>Wednesday 5/28</b>	<b>Thursday 5/29</b>	<b>Friday 5/30</b>
<b>Memorial Day Holiday</b>	Fruit Jc & Choice of Lowfat/FF Milk Turkey Breakfast Stick or Assorted Cereal w/ Cheese Toast ----- Salisbury Steak (or Meatloaf) w/Biscuit & jelly Mashed Potatoes w/Gravy Steamed Baby Carrots Choice of Fresh Fruit  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat/Fat Free Milk	Fruit Jc & Choice of Lowfat/FF Milk Cinnamon Roll or Assorted Cereal w/ Cinnamon Toast ----- Baked Potato Bar (or Nacho Supreme w/Salsa, S. Cream) Cornbread or Crackers Chilled Rosy Pears  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat /Fat Free Milk	Fruit Jc & Choice of Lowfat/FF Milk French Toast w/Syrup or Assorted Cereal w/Graham Crackers ----- Baked Chicken Steamed Rice (or Roll w/jelly) Seasoned Greens (or Green Beans) Chilled Pineapple Tidbits  Salad Plate or Sandwich (Wrap) Plate  Choice of Lowfat/Fat Free Milk	Fruit Jc & Choice of Lowfat /FF Milk Turkey Sausage Patty w/Biscuit or Ass. Cereal w/ WW Toast & Jelly ----- Fish Wedge and Grits (or Ham w/Macaroni & Cheese) Seasoned Greens Chilled Peach Cup  Salad Plate or Sandwich(Wrap) Plate  Choice of Lowfat/Fat Free Milk
<b>Monday</b>	<b>Tuesday</b>	<b>Wednesday</b>	<b>Thursday</b>	<b>Friday</b>

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