

**Alachua
County
Secondary
Menu**



Holiday Health Tip
4 ways to avoid food borne illness. 1) Keep everything clean: hands, food, prep surfaces etc. 2) Separate foods that might contaminate each other-raw meats & veggies 3) Cook foods to the right temperatures to assure killing any bacteria 4) Refrigerate leftovers right away to avoid bacteria growth. (This will also help that urge to snack all day-out of sight out of mind!)



December 2008



Mon	Tue	Wed	Thu	Fri
 <p>1 Fruit Juice Waffles w/Syrup or Cereal w/Cinnamon Toast Awesome Popcorn Chicken w/ Roll & Jelly Mashed Potatoes w/ gravy Green Beans Chilled Mixed Fruit</p>	<p>2 Fresh Banana French Toast Stix w/Syrup or Cereal w/Cheese Toast Beefy Beef-a-Roni Fresh Salad w/Dressing Asst Roll/Bread & Jelly Chilled Apple Slices</p>	<p>3 Fruit Juice Egg Patty w/Biscuit or Cereal w/Biscuit & Jelly Tasty Turkey Dinner w/Asst Rolls & Jelly Mashed Potatoes w/Gravy Steamed Broccoli Fresh Banana</p>	<p>4 Peaches Pancakes w/Syrup or Cereal w/Muffin Loaf Shepherds Pie Asst Rolls/Breads & Honey Chilled Pineapple Tidbits</p>	 <p>5 Fruit Juice Turkey Canadian Bacon Biscuit or Cereal w/Toast & Jelly "Chek it"Chicken Patty w/Montego Bay Sauce Steamed Rice Mixed Vegetables Frozen Fruit Juice Bar</p>
<p>8 Fruit Juice Egg & Grits or Cereal w/Cinnamon Toast Turkey Hot Dog on Bun w/condiments Baked Beans Chilled Rosy Applesauce</p>	<p>9 Applesauce Breakfast Chicken Biscuit or Cereal w/ Cheese Toast Teriyaki Beef Dippers w/Roll & Steamed Rice Seasoned Steamed Broccoli with or without Cheese Chilled Pears</p>	<p>10 Fruit Juice Cinnamon Rolls or Cereal w/Toast & Jelly Old Fashioned Mac & Cheese Seasoned Greens Fresh Biscuit & Jelly Chilled Peaches</p>	 <p>11 Mixed Fruit StrawBanana French Toast or Cereal w/Graham Crackers Chicken Parmesan & Pasta with or without Cheese Asst Rolls/Breads & Jelly Blueberry Crisp</p>	<p>12 Fruit Juice Pancakes w/Syrup or Cereal w/ Toast & Jelly Country Fried Steak w/Gravy Mashed Potatoes Roll w/Jelly, Green Beans Blue Bell Fruity Bar</p>
<p>15 Fruit Juice Waffles w/Syrup or Cereal w/Cinnamon Toast Chicken Fajita w/Salsa, Sour Cream Lettuce & Tomato Cup Chilled Mixed Fruit</p>	<p>16 Fresh Banana French Toast Stix w/Syrup or Cereal/Cheese Toast Italian Meatballs(4) on Bun Fresh Garden Salad w/Dressing Chilled Fruit Juice</p>	<p>17 Fruit Juice Egg Patty w/Biscuit or Cereal w/ Graham Crackers Lip Smackin Shrimp Poppers w/ Sweet & Sour Sauce Steamed Rice Seasoned Steamed Carrots Chilled Pineapple Tidbits</p>	<p>18 Chilled Peaches Pancakes w/Syrup or Cereal w/Muffin Loaf Cuban Pulled Pork on Bun Black Beans & Rice California Blend Vegetables Chilled Apple Wedges</p>	<p>19 Fruit Juice Turkey Canadian Bacon Biscuit or Cereal w/Toast & Jelly Chicken Fettuccini Alfredo Seasoned Steamed Broccoli with or without Cheese Asst Rolls/Breads & Jelly Chilled Peaches</p>
<p>22 </p>	<p>23 </p>	<p>24 </p>	<p>25 </p>	<p>26 </p>
<p>29 </p>	<p>30 </p>	<p>31 </p>	<p>AVAILABLE FOR PURCHASE EVERY DAY!!! PEPPERONI & CHEESE PIZZA BREAD STICKS & 2 ENTRÉE SALADS</p>	 <p>Your Choice of Ice Cold Milk Offered at Every Meal!</p>

A la Carte
Monday & Wednesday
Chicken Sandwich (spicy/regular)
Tuesday & Thursday
Double Cheese Burger
Friday
Mini Burgers



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All Menus Subject to Change Due to Availability-Acceptions Apply for All Schools Due to the Holiday Season