

THE SCHOOL BOARD OF ALACHUA COUNTY, FLORIDA
APPROVED MINUTES OF THE SUPERINTENDENT'S
WELLNESS ADVISORY COMMITTEE MEETING
MAY 23, 2007

The Superintendent's Wellness Advisory Committee Meeting met in regular session duly called at 4:00 p.m. in Conference Room E, 620 East University Avenue, Gainesville, Florida. Present were: Diana Lagotic, chairman; committee members Wes Eubank, Diana Hill, Donna Jones, Doug Jossi, Sandi Medeiros, Eileen Roy, Lillian Swanger, Sean Timmons; staff members Maria Eunice, Sandy Hollinger, Pat Hughes; visitors Lindsay Michaels, Pam McMahan, Helene Rhine, and Brian Russell.

The meeting was called to order by Chairman Lagotic.

MEETING

Diana Lagotic gave an overview of the results of the "Wellness Evaluation and Measurement Tool and Survey. Surveys were completed by SACs, PTAs, and individuals.

Eileen Roy commented on "private" vending machines. Maria Eunice said that all "student" machines are in compliance.

The next step will be a major policy change of legislative P.E. changes. Sandy Hollinger stated that the new law states there will be a requirement of 150 minutes per week in elementary schools of P.E. that may be taught by anyone (paraprofessional, resource teachers, etc.) with no additional funding provided. The policy B2 *encourages* 150 minutes in elementary schools and 225 minutes in middle schools. Diana Lagotic stated that we may need to change the wording of B2 to *provide* 150 minutes in elementary schools, for instance, and *encourage* 225 minutes. Scheduling will be difficult and safety is a definite consideration due to the number of students that may possibly be on the field at the same time.

Eileen Roy remarked that ACT is developing a tool kit to assist, as she had mentioned in the last meeting.

Donna Jones spoke of grant information for equipment and that there is a June 28th deadline.

Sandy Hollinger indicated that a Technical Assistance paper will be able to answer questions and we are still awaiting it.

Wes Eubank said snacks should be 10% of calories.

Maria Eunice discussed a la carte standards.

Pam McMahon indicated that 250 calories is pretty much the standard. Wes Eubank feels that is too high. Would like a percentage instead of a number.

Sandy Hollinger asks if the new P.E. policy revisions will be going to the Board in September?

Lindsay Michaels from the Well Florida Council described the Council and how they are working with Marion County on well schools and how they are complying with the new policy. They can help with barriers and concerns as an outside contractor. Eileen Roy asked about the self-assessment tool developed for Marion County.

Sandy Hollinger stated the focus should be high school and middle school – from the top down.

Pat Hughes said that the school nurses are using innovative technology in high schools and that many elementary schools have walking clubs.

Doug Jossi discussed the Fitness Grams annual fitness test. Eileen Roy said there is a 30% discount if purchased by the district. Wes Eubank reminded that vendors must never be mentioned in policy. Sandy Hollinger indicated this will be researched and the Wellness Committee and schools will be advised of the outcome.

Helene Rhine said that elementary schools have fitness testing. Sandy Hollinger is not sure about putting this requirement into policy.

Diana Lagotic suggested that the committee meet again after the beginning of school. Wednesday, October 3, 2007, 4:00 p.m. was agreed upon.

ADJOURNMENT

Diana Lagotic thanked all present and the meeting was adjourned at 5:00 p.m.