

PHYSICAL EDUCATION REQUIREMENTS FOR STUDENTS IN GRADES K-8

Section 1003.455, Florida Statutes, requires 150 minutes each week of physical education for students in grades kindergarten through fifth grade, and beginning in the 2009-2010 school year, the equivalent of one class period per day of physical education for one semester of each year for students in grades six through eight. The physical education requirement shall be waived for a student in grades kindergarten through grade eight who meets one of the following criteria:

- The student is enrolled or required to enroll in a remedial course. (school-based decision)
- The student's parent indicates in writing to the school that:
 1. The parent requests that the student enroll in another course from among those offered as options by the school district, OR
 2. The student is participating in physical activities outside the school day which are equal to or in excess of the mandated requirement.

School districts are not required to add additional course offerings if they are requested by a parent whose child is eligible for a physical education waiver.

Please contact your school administration if you have questions or concerns regarding the physical education requirements or waiver criteria.