

MEET YOUR ATHLETIC TRAINERS

As part of their participation in Santa Fe High School Athletics, each of our student athletes has access to a certified athletic trainer who is on-site each day and is present at most home events. Our athletic trainers and team physician's dedication to our student-athletes, the coaches and the high schools is second to none. Their attention to detail is admirable and their ability to build trusting relationships with the student-athletes is comforting.

Our athletic trainers are provided through the University of Florida and the UF Health Orthopedics and Sports Medicine Institute. Each athletic trainer is board certified and licensed by the state of Florida.

Injuries are an unwelcome part of the game that comes without warning and often causes great mental and physical anguish. Although we cannot totally prevent injuries, we are relieved to say that we can and do offer the very best post injury treatment available for our student-athletes. Key areas of emphasis include:

- Injury Prevention
- Clinical Evaluation and Injury Assessment
- Rehabilitation
- Referral of injured athletes to additional medical professionals when appropriate

Alicia Ferrara, LAT, ATC, CSCS



Graduate Assistant Athletic Trainer

Alicia Ferrara is a Graduate Assistant Athletic Trainer with UF health. While currently pursuing her master's degree in Applied Physiology and Kinesiology at the University of Florida, Alicia serves as the head athletic trainer at Santa Fe High School. Her responsibilities at Santa Fe include prevention, assessment, treatment and rehabilitation for all middle and high school athletes. She also provides coverage for both athletic practices and events. Alicia completed her bachelor's degree in Athletic Training from the University of Pittsburgh in 2017. She is certified by the National Athletic Trainers Association Board of Certification and licensed by the State of Florida.

Cassie Winkfield, MS, LAT, ATC, OTC



UF Health Department of Orthopedics Sports Medicine
Staff Athletic Trainer

Cassie serves as an athletic trainer for the University of Florida Physicians, primarily working with two orthopedic surgeons. In addition to her clinical work, Cassie serves as a mentor to the high school graduate assistant athletic trainers at Buchholz HS, Gainesville HS, Fort White HS, and Santa Fe HS.

Cassie earned her Bachelor of Arts in Athletic Training from University of Northern Iowa in 2008. Cassie then completed a year internship at Charleston Southern University as an assistant athletic trainer with the football and softball teams. While at CSU she was awarded the Southeast Athletic Trainers Association Collegiate Athletic Training staff of the year. In 2011, she earned her Masters of Science from the University of Kentucky, and served as a graduate assistant at Madison Central High School. Following graduation, she continued to work as head athletic trainer at Madison Central High School for 4 years before starting her current position.

Cassie is a member of the Athletic Training Association of Florida, and serves on the Committee on Practice Advancement. She is also a member of Southeast Athletic Trainers' Association, and National Athletic Trainers Association. She currently serves at the National level as the liaison for the National Association of Orthopedic Technologists (NAOT). In addition to her Florida and national athletic training certifications and licensures, she is certified by the NAOT as an orthopedic technologist.

Meet Your Team Physician

Bryan Prine, M.D., CAQSM



Assistant Professor
Medical Director of UF ORTHOcare Clinic
Primary Care Sports Medicine, ORTHOcare

BRYAN PRINE, M.D., earned his medical degree at the University of Florida in 2004 before going on to complete his residency in Family Medicine at the University Florida and his fellowship in Primary Care Sports Medicine at the University of Florida.

He joined UF in 2010 to work in the Department of Orthopaedics and has held several positions over the years, including Staff Physician-Medical Director at Shands Lake Shore Sports Medicine and Musculoskeletal Center and Medical Director for Shands Lake Shore, Live Oak, and Starke Regional Medical Centers.

Prine is currently the Medical Director of the UF OrthoCare Clinic and is a member of the American Medical Society for Sports Medicine and the American College of Sports Medicine.