

# MEET YOUR ATHLETIC TRAINERS

As part of their participation in Newberry High School Athletics, each of our student athletes has access to a certified athletic trainer who is on-site each day and is present at most home events. Our athletic trainers and team physician's dedication to our student-athletes, the coaches and the high schools is second to none. Their attention to detail is admirable and their ability to build trusting relationships with the student-athletes is comforting.

Our athletic trainers are provided through the University of Florida and the UF Health Orthopedics and Sports Medicine Institute. Each athletic trainer is board certified and licensed by the state of Florida.

Injuries are an unwelcome part of the game that comes without warning and often causes great mental and physical anguish. Although we cannot totally prevent injuries, we are relieved to say that we can and do offer the very best post injury treatment available for our student-athletes. Key areas of emphasis include:

- Injury Prevention
- Clinical Evaluation and Injury Assessment
- Rehabilitation
- Referral of injured athletes to additional medical professionals when appropriate

## **Benjamin Goc, LAT, ATC**



Graduate Assistant Athletic Trainer

Ben is a Graduate Assistant Athletic Trainer with UF health. While pursuing his master's degree in Applied Physiology and Kinesiology with a concentration in Athletic Training at the University of Florida, Ben is serving as the head athletic trainer at Newberry High School. Ben's responsibilities include prevention, injury assessment, treatment and rehabilitation for all high school athletes. Ben provides coverage for all practices and home contests for all sports. Ben completed his bachelor's degree in Athletic Training at the University of Pittsburgh in 2018. Ben is certified by the National Athletic Trainers Association Board of Certification, licensed by the State of Florida as an Athletic Trainer and is also a member of the National Athletic Trainers Association.

## **Caitlyn Richter, MS, LAT, ATC**



UF Health Department of Orthopedics  
Staff Athletic Trainer

Caitlyn serves as an athletic trainer for the University of Florida Department of Orthopedics. In addition to her clinical work, she serves as a mentor to the high school graduate assistant athletic trainers at Newberry, Hawthorne, Columbia, and St Francis Catholic High Schools.

Caitlyn received her bachelor's degree in Athletic Trainer for the University of Wisconsin-La Crosse in 2014 and her master's degree in Applied Physiology and Kinesiology from the University of Florida in 2016. During her time at the University of Florida, Caitlyn served as the head athletic trainer at Fort White HS and Gainesville HS. She is certified by the BOC and licensed by the State of Florida.

## **Meet Your Team Physicians**

### **Bryan Prine, M.D., CAQSM**



Assistant Professor  
Medical Director of UF ORTHOcare Clinic  
Primary Care Sports Medicine, ORTHOcare  
Team Physician

**BRYAN PRINE, M.D.**, earned his medical degree at the University of Florida in 2004 before going on to complete his residency in Family Medicine at the University Florida and his fellowship in Primary Care Sports Medicine at the University of Florida.

He joined UF in 2010 to work in the Department of Orthopaedics and has held several positions over the years, including Staff Physician-Medical Director at Shands Lake Shore Sports Medicine and Musculoskeletal Center and Medical Director for Shands Lake Shore, Live Oak, and Starke Regional Medical Centers.

Prine is currently the Medical Director of the UF OrthoCare Clinic and is a member of the American Medical Society for Sports Medicine and the American College of Sports Medicine.

## **Joshua Altman, MD**



Josh was born in New York and moved to the Tampa Bay area when he was about 8 years old. He completed his undergraduate degree at the University of Florida, majoring in Biochemistry and minoring in International Studies. He also obtained his medical degree at the University of Florida College of Medicine. Josh is currently completing his residency training here at the University of Florida in Emergency Medicine, with plans to pursue a fellowship in Sports Medicine.