



Health Services

Autonomic Dysreflexia Episode Emergency Care Plan

Autonomic Dysreflexia Episode is an abnormal response to a problem in the body below a spinal cord injury (SCI). It's most likely to happen if the SCI is at or above the 6th thoracic vertebra (T-6). Number one cause is full bladder/bowel.

If You See This	Do This
<ul style="list-style-type: none"> • Severe Headache • Respiratory difficulties • Profuse Sweating, flushed face or reddened skin • Tight chest • Blurred/disturbed vision • Nasal congestion • Nausea • Anxiety, sense of doom 	<p><u>Stay with student, sit student up and keep student calm/quiet</u></p> <ol style="list-style-type: none"> 1. Call 911 Severe headache, pain in chest, and/or shortness of breath, anxiety and/or sense of impending doom 2. Send for School Nurse and state student's name 3. Notify Administration 4. Nurse /Administration will notify Parent/Guardian <p>*Silent Autonomic Dysreflexia does not have symptoms despite significant elevation in blood pressure</p>

An **Emergency Care Plan** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
 1. If the student uses emergency medication/s
 2. If the student keeps emergency medication/s with them
 3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s