



Health Services

## Choking Emergency Care Plan

Choking is a blockage of the upper airway by food or other objects, which prevents a person from breathing effectively. Choking can cause a simple coughing fit, but complete blockage of the airway may lead to death. **Choking is a true medical emergency that requires fast, appropriate action by anyone available.**

<b>If You See This</b>	<b>Do This</b>
<ul style="list-style-type: none"> <li>• Respiratory difficulties</li> <li>• Inability to talk</li> <li>• High-Pitched coughing</li> <li>• Wheezing sounds</li> <li>• Clutching throat</li> <li>• Color changes/turning blue</li> <li>• Increased Drooling</li> <li>• Gurgling</li> <li>• Unresponsive/Loss of consciousness</li> </ul>	<p><b><u>Stay with student, keep student calm/quiet</u></b></p> <ol style="list-style-type: none"> <li>1. Call 911 and begin steps of First Aid/CPR if certified as necessary</li> <li>2. Send for School Nurse and state student's name</li> <li>3. Notify Administration</li> <li>4. Nurse /Administration will notify Parent/Guardian</li> </ol>

An **Emergency Care Plan (ECP)** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
  1. If the student uses emergency medication/s
  2. If the student keeps emergency medication/s with them
  3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s