



Health Services

Cystic Fibrosis Emergency Care Plan

Cystic fibrosis is a life-threatening disorder that causes severe damage to the lungs and digestive system. Cystic fibrosis affects the cells that produce mucus, sweat and digestive juices. These secreted fluids are normally thin and slippery. But in cystic fibrosis, a defective gene causes the secretions to become thick and sticky.

If You See This	Do This
<ul style="list-style-type: none"> • Decreased ability for daily living/exercise • Breathlessness • Respiratory difficulties • Inability to talk • Nasal Flaring • Wheezing or grunting • Retractions • Color changes/turning blue • Unresponsive/Loss of consciousness 	<p><u>Stay with student, keep student calm/quiet</u></p> <p>1. Call 911 immediately: If the student has any of the following symptoms:</p> <ol style="list-style-type: none"> 1. Shortness of breath or respiratory difficulties 2. Continuous coughing/cannot clear mucus 3. Complains of tightness in chest 4. Blue or purple coloration of the skin or mucous membranes and/or around mouth 5. Unresponsive/Loss of consciousness 6. Begin steps of First Aid/CPR if certified as necessary <p>2. Send for School Nurse and state student's name</p> <p>3. Notify Administration</p> <p>4. Nurse /Administration will notify Parent/Guardian</p>

An **Emergency Care Plan (ECP)** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
 1. If the student uses emergency medication/s
 2. If the student keeps emergency medication/s with them
 3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s