

# PAW PRESS

## Buchholz High School Daily News

### Week of March 3 - 7, 2025

#### GENERAL

- Congratulations to the BHS Speech and Debate Team members for qualifying for the CFL Grand Nationals tournament to be held in Chicago in May. Reinata J. & Lia D. in duo Interpretations and Yujie L. and Sherru G in Declamation. Congrats also to congressional debate semifinalist Andrew X. and Pranay G.
- BHS Wrestlers are district Champs! Congrats to the 14 wrestlers making it to regionals for only the second time in school history. Placing 1<sup>st</sup>: Gabe R., Gabe B., Finn B., Prince F., and Derryl G. Placing 2<sup>nd</sup>: Hugh D., Laine S., and Will B. Placing 3<sup>rd</sup>: Sully H., Dylan L. and Braedon M. Placing 4<sup>th</sup>: Cody R., Stefan B., and Jason M.
- BHS Robotics Regional Championship Results: Robotics Team 49759A "Lynx Rufus" (which is the Latin name for Bobcat). The team finished in 10<sup>th</sup> place after 8 qualifying matches, but sadly, was knocked out in the Semifinals round. But what an honor to have made it so far against all the Central Florida powerhouse teams! They were just one match away from going to the World Championship! The members of "Lynx Rufus" who attended are: Adrian P., Eddie Y., and Matthew H. Also, a huge shout out to Max N., who attended and supported "Lynx Rufus" even though his team "The Unforgiven" didn't qualify this year. Max spent the day displaying servant leadership and professionalism. To check out the bracket-busting final winning match, at [https://www.youtube.com/live/efGEMOnczCY?si=pT\\_EnBOcTwp886up&t=23537](https://www.youtube.com/live/efGEMOnczCY?si=pT_EnBOcTwp886up&t=23537)
- GoRTS Fares App: Age Based Fare Free Program for individuals 18 years and under, as well as those 65 and over are eligible to ride Gainesville's Regional Transit System for free if able to meet program qualifications. [65/18 Free Fare Program - Go-RTS](#)
- The 6<sup>th</sup> Annual Florida College Decision Day: graduating seniors and their parents/guardians are invited to participate. The Greater Gainesville Chamber's Foundation is to celebrate graduating seniors moving on with post-secondary plans to attend a 4-year university, 2-year college, technical school, or the military. The celebration will be on Friday, April 11, 2025 on the Celebration Pointe Promenade Stage. Seniors can register at [2025 Florida College Decision Day Survey](#).
- UF College of Medicine is offering a **Summer Pre-Medical Professions Program** (<https://admissions.med.ufl.edu/why-uf/unique-opportunities/summer-pre-medical-professions-program/>) designed for rising junior or senior high school students who are interested in pursuing a career in medicine. The program provides a unique chance for students to engage in hands-on learning, interact with medical professionals, and gain valuable insights into the medical school experience. **Program duration:** The Summer Pre-Medical Professions Program has four (4) one-week sessions. Each session begins on Monday and ends on Friday. There will be two program orientations which will take place on the Sunday prior to each session. Yes, there are scholarship opportunities available for eligible students. Students eligible for program scholarships must apply based on their nomination and recommendation. If you have any students who meet the eligibility criteria, we encourage you to nominate them and provide a recommendation to support their application. The scholarship selection process relies heavily on your insight and endorsement of the student's qualifications and character. Please ensure that any eligible students are aware of the nomination and recommendation process to complete their application successfully. To help you get all the details about the program, I encourage you to visit our **FAQ** (<https://admissions.med.ufl.edu/why-uf/unique-opportunities/summer-pre-medical-professions-program/faqs-about-spmpp/>) page. There, you'll find important information including session dates, a sample schedule, transportation details, and much more.

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#### ➤ Program Requirements:

- Be a rising junior or senior from any Alachua County High school or any surrounding counties within driving distance
- Have a grade point average of 3.0 or above
- Complete the SPMPP pre-program survey and application
- Express particular interest in the field of medicine and a desire to explore various options
- Have an interest in issues affecting disadvantaged populations

#### ➤ Program Fees:

- Application = \$50.00
- Deposit = \$100.00 (deposit will be applied towards your session fee)
- Session – \$800.00

- TeensWork Alachua is recruiting student interns for Summer 2025. Eligible students are Alachua County residents, ages 14–18, and who are rising 7th–12th graders at an Alachua County School. Must be all 3 to participate. [LINK TO THE STUDENT APPLICATION](#). TWA Contact Information: [tw@goodwillnorthfl.org](mailto:tw@goodwillnorthfl.org) or (904) 606 – 5178.
- Bobcat Branch bank, a branch of the Florida Credit Union, is open before school from 7:50am – 8:20am and during both lunches. If you do not have an account with the Florida Credit Union, come see us for details on how to open an account and receive \$25. There will be lots of promotions this year when you come and make a deposit or withdrawal. Hope to see you soon!
- Follow BHS on X: @buchholzhigh or Instagram: buchholz.high or Facebook: F.W. Buchholz High School
- Follow student government on Twitter: buchholz\_high or Instagram: buchholz.high.
- After School Tutoring in the Media Center on Monday and Wednesdays from 3:00pm – 4:00pm. Transportation is not provided.

|   |                      |   |                         |
|---|----------------------|---|-------------------------|
| ○ | <b>MONDAY: 3-4pm</b> | ○ | <b>WEDNESDAY: 3-4pm</b> |
| ○ | Foreign Language     | ○ | ELA                     |
| ○ | Math                 | ○ | Math                    |
| ○ | Science              | ○ | Social Studies          |

### **CLUBS**

- [BHS Club Website Link](#)

### **SPORTS**

- Tickets exclusively on sale for \$10 through GoFan.co website/app for paperless tickets. Be ready to show your electronic ticket at the gate for entry.
- Coach Contact Information is located under the Sports tab on the Buchholz Home page.

### **Buchholz High School Athletic Schedule – Week of March 2– 8:**

- **Monday - Girls JV Tennis vs Union County– 4:00pm**

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- Boys Weightlifting @ Fort White – 4:00pm
- Girls JV/V Softball vs Forest – 5:00pm
- Boys JV Baseball vs North Marion – 6:00pm
- Girls Varsity Lacrosse @ East Ridge – 7:00pm
- Tuesday - Boys Varsity Baseball @ Trinity Christian – 6:00pm
- Girls Varsity Flag Football vs Keystone – 6:00pm
- Boys Varsity Lacrosse @ Maclay – 7:00pm
- Girls JV/V Softball vs Lake Weir – 5:00pm
- Wednesday - Boys JV/V Baseball @ Suwannee High – 4:00pm
- Girls Varsity Tennis @ GHS– 4:00pm
- Thursday - Girls Varsity Flag Football @ Forest – 6:00pm
- Girls JV Lacrosse @ NHS – 5:00pm
- Boys JV/V Tennis vs PK Yonge – 4:00pm
- Boys Wrestling Tournament @ State (Kissimmee)
- Friday - Boys Varsity Baseball @ Palmetto – 6:00pm
- Boys Varsity Lacrosse @ Oak Hall – 7:30pm
- Girls Varsity Lacrosse @ Oak Hall – 5:30pm
- Track @ Bulldog Classic at Bolles – 2:00pm
- Boys Wrestling Tournament @ State (Kissimmee)
- Saturday - Girls Varsity Lacrosse vs Fletcher – 4:00pm
- Boys & Girls Wrestling Tournament @ State (Kissimmee)

### SCHOLARSHIPS

- Big Futures Scholarship – College Board: No essay, no minimum GPA or test score, just follow the steps for chances to win! The more steps you complete and earlier you start, the more chances you have to win: <https://bigfuture.collegeboard.org/pay-for-college/bigfuture-scholarships>
- SF Foundation Scholarships: Priority deadline is **March 15, 2025**. [Apply Today!](#) - Only one application is needed. For more information regarding SF Foundation scholarships, please visit the [foundation website](#). Students must have a Santa Fe College SF ID to complete an application. If their admissions application is more than 365 days old, they must be enrolled in current courses to have access to the applications. If you have issues completing the application, students may contact the Foundation office at 352-395-5200 for assistance. Students can go to [www.sfcollege.edu](http://www.sfcollege.edu) to apply for admission to the college and to apply for scholarships. The scholarship process is located on the home page under 'student resources' then 'scholarships' next to 'Santa Fe College Foundation' or under A-Z (S) scholarships, foundation.
- TWENTY PEARLS FOUNDATION: is the Charitable and Educational Arm of Mu Upsilon Omega Chapter of Alpha Kappa Alpha Sorority. They offer a scholarship to an African American female who is graduating from high school in Alachua County with a GPA of 3.0 or higher. The scholarship is given based on several criteria: scholastic achievement, financial need, character, leadership ability, and quality and level of activities related to school, church, and community. Applications are available in the front office. Deadline is Friday, March 28, 2025.
- The Gainesville Alumnae Chapter of Delta Sigma Theta Sorority awards scholarships to deserving public High School Seniors in Alachua and Columbia County. We will award five \$1,500 scholarships to African American female or male students who plan on attending an accredited institution of higher learning. Students who demonstrate scholastic achievement and

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are active in volunteer community service should apply.

<https://www.gacdast.org/programs/scholarship>. The deadline to apply is April 4, 2025.

- Sigma Gamma Rho Sorority Scholarships, Subject for Contest: Stop by the front office for an application. This year's essay contest is about the subject of "Mwanamugimu" which is a proverb from the Republic of Uganda that means "from small acorns come mighty oaks." In the essay, address the following: "What services have you provided to support your community? How does community service impact personal growth and leadership development?" Prize is a \$1,000.00 Scholarship. Essays must be submitted no later than midnight on **April 13, 2025** to [etaphisigma1922@gmail.com](mailto:etaphisigma1922@gmail.com). The recipient of the scholarship will be notified on Friday, May 2, 2025. Essay Contest Guidelines are as follows:
  1. The essay must show evidence of research by including a minimum of two references
  2. Written by the student submitting the essay
  3. The essay should be a minimum of 600 words, typed with double line spacing, Times New Roman size 12 font, with no more than 1-inch margins and no less than 1/2 inch margins
  4. The cover page should include:
    - Title of the essay
    - Student's name and home address
    - Name of student's school and location
    - Name of school principal
    - Student's grade
    - Name of sponsoring chapter of Sigma Gamma Rho Sorority, Inc.
  5. Copy of high school transcripts (official)
  6. Two reference letters
  7. Include the number of community service hours completed

**Custo Line:** Build Your Own Meal: Choose from daily special items or build your own salad or nachos daily! All meals can be topped with fresh items from our cold bar!

**Monday, March 3:** Orange Chicken, Brown Rice & Steamed Broccoli

Salad of the Day: Sweet Mandarin Orange Asian Salad w/ Breadstick

Choice of Sides: 100% Apple Juice, Fresh Fruit

**Tuesday, March 4:** Soft Pretzel, Cheddar Cheese Sauce, Savory Sweet Potato Fries & Warm Salsa

Salad of the Day: Sweet Mandarin Orange Asian Salad w/ Breadstick

Choice of Sides: Mixed Berry Cup, Fresh Fruit

**Wednesday, March 5:** KaBoom Chicken Fillet, Hamburger Bun & Tater Tots

Salad of the Day: Sweet Mandarin Orange Asian Salad w/ Breadstick

Choice of Sides: 100% Grape Juice, Fresh Fruit

**Thursday, March 6:** Dutch Waffle, Artisan Chicken Poppers & Baked Beans

Salad of the Day: Sweet Mandarin Orange Asian Salad w/ Breadstick

Choice of Sides: Applesauce Cup, Fresh Fruit

**Friday, March 7:** Macaroni & Cheese Bites, Pulled BBQ, Cornbread Mini Loaf & Steamed Green Beans

Salad of the Day: Sweet Mandarin Orange Asian Salad w/ Breadstick

Choice of Sides: Mixed Berries & Whip, Fresh Fruit

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### **Week of March 3 - 7, 2025**

**Grab N Go:** Teriyaki Chicken Bites and Crinkle Fries

**Galley:** Pizza or Poppers

**In the Spirit Spot Café:** Chicken Poppers, Chicken Sandwiches, Fries, Cookies, Iced Coffee, and Chips.