



Health Services Division

Addisonian Crisis Emergency Care Plan

Students Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

An "Addisonian crisis" or "adrenal crisis" is a constellation of symptoms that indicate severe adrenal insufficiency. This may be the result of either previously undiagnosed Addison's disease, a disease process suddenly affecting adrenal function (such as adrenal hemorrhage), or an inter-current problem (e.g. infection, trauma) in someone known to have Addison's disease. It is a medical emergency and potentially life-threatening situation requiring immediate emergency treatment.

| If you see this . . .   | Do this . . .  |
|---|--|
| <ul style="list-style-type: none"> <li>• Severe pain in legs, lower back or abdomen</li> <li>• Severe vomiting/diarrhea</li> <li>• Dizziness</li> <li>• Confusion, slurred speech</li> <li>• Severe lethargy</li> <li>• Convulsions</li> <li>• Loss of consciousness</li> </ul> | <ul style="list-style-type: none"> <li>• Stay with student and keep student calm/quiet</li> <li>• Call 911</li> <li>• Call school nurse at ext: _____ and state student's name</li> <li>• Call parent/guardian</li> <li>• Notify administration</li> </ul> |
| <b>Student should go to hospital emergency room if these symptoms develop</b>   |  |

| Emergency Medication Name | Amount | In Clinic or On Student |
|---------------------------|--------|-------------------------|
| 1. _____                  | _____  | _____                   |
| 2. _____                  | _____  | _____                   |

Comments or special instructions:

Parent/Guardian Name: \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

|  | Student's Grade / Date / Nurse's Initials |  |  |  |
|--|---|--|--|--|
| _____<br>School Nurse/Licensure/Initials |   |  |  |  |
| _____<br>School Nurse/Licensure/Initials |   |  |  |  |
| _____<br>School Nurse/Licensure/Initials |   |  |  |  |