



Health Services

## Anaphylactic/Allergy Emergency Plan

- Attempt to determine cause of reaction (bee sting, medication, food allergy, etc.).
- A severe allergic reaction requires IMMEDIATE ACTION. **CALL 911.**  
\*If student is not breathing, start rescue breathing or CPR by a trained individual

<b>If You See This</b>	<b>Do This</b>
<ul style="list-style-type: none"> <li>• Reported or suspected ingestion</li> <li>• Difficulty talking</li> <li>• Rash/Hives/Itchy Skin</li> <li>• Swelling at sting site</li> <li>• Wheezing, difficulty swallowing or breathing</li> <li>• Swelling of face, eyes, lips tongue or neck</li> <li>• Tingling/swelling of tongue</li> <li>• Vomiting/diarrhea/cramps</li> <li>• Extreme paleness/gray color, clammy skin</li> <li>• Blue discoloration of lips/fingernails</li> <li>• Unresponsive/Loss of consciousness</li> </ul>	<p><b><u>Stay with student, keep student quiet</u></b></p> <ol style="list-style-type: none"> <li>1. Administer Epi-Pen if trained and call 911</li> <li>2. Send for School Nurse</li> <li>3. Observe student for symptoms worsening</li> </ol> <p><b><u>If not trained:</u></b></p> <ol style="list-style-type: none"> <li>1. Call 911 immediately</li> <li>2. Send for School Nurse and state student’s name, state allergic reaction so nurse can bring emergency medication</li> <li>3. Notify Administration</li> <li>4. Nurse /Administration will notify Parent/Guardian</li> </ol> <p><b><u>Directions for use of Epi-Pen</u></b></p> <ol style="list-style-type: none"> <li>1. Pull off gray or blue cap and grasp firmly in fist</li> <li>2. DO NOT place fingers over black or orange tip.</li> <li>3. Swing and firmly pushing the black or orange tip against the outer thigh until it clicks</li> <li>4. Hold in place for 3 seconds then remove. Count slow.</li> <li>5. Massage the area for 10 minutes.</li> </ol> <p>Do not return Epi Pen to holder, give to EMS personnel or discard in sharps container</p>

An **Emergency Care Plan** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student’s medical condition and parental/guardian’s contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students’ health condition/s in their class. Ask privately:
  1. If the student uses emergency medication/s
  2. If the student keeps emergency medication/s with them
  3. If the student keeps emergency medication/s in the schools’ clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student’s health condition or to provide training on emergency medication/s