



**Health Services Division  
Asthma Emergency Care Plan**

Students Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Asthma is a condition in which your airways narrow and swell and produce extra mucus. This can make breathing difficult and trigger coughing, wheezing and shortness of breath.

If you see this . . .	Do this . . .
<ul style="list-style-type: none"> <li>• Difficulty talking</li> <li>• Cough</li> <li>• Wheezing, difficulty swallowing or breathing</li> <li>• Not mentally alert as evidenced by difficulty concentrating or appearing confused</li> <li>• Using neck muscles, muscles between ribs or stomach muscles to breathe</li> <li>• Extreme paleness/gray color, clammy skin</li> <li>• Blue discoloration around of lips/fingernails</li> <li>• Unresponsive/Loss of consciousness</li> </ul>	<p><b><u>Stay with student , keep student calm/quiet</u></b></p> <ol style="list-style-type: none"> <li>1. Let student self-administer inhaler OR</li> <li>2. Assist student or administer inhaler if trained</li> <li>3. If student responds to inhaler and shows improvement let student continue with class</li> <li>4. If concerned, call School Nurse at EXT _____</li> </ol> <p><b><u>If no response to prescribed medications or no improvement after 10-15 minutes</u></b></p> <ol style="list-style-type: none"> <li>1. Call 911</li> <li>2. Call School Nurse at EXT _____ and state student’s name, state asthmatic reaction so nurse can bring emergency medication</li> <li>3. Call Parent/Guardian</li> <li>4. Notify Administration</li> </ol> <p>* When airways get very tight, wheezing often goes away because the person cannot breath with enough force to cause wheezing</p>

Emergency Medication Name	Amount	In Clinic or On Student
1. _____	_____	_____
2. _____	_____	_____

Comments or special instructions:

Parent/Guardian Name: \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

	Student’s Grade / Date / Nurse’s Initials			
_____ School Nurse/Licensure/Initials				
_____ School Nurse/Licensure/Initials				
_____ School Nurse/Licensure/Initials				