



**Health Services Division
Autonomic Dysreflexia Episode Emergency Care Plan**

Students Name: _____ Date of Birth: _____

Autonomic Dysreflexia Episode is an abnormal response to a problem in the body below a spinal cord injury (SCI). It's most likely to happen if the SCI is at or above the 6th thoracic vertebra (T-6). Number one cause is full bladder/bowel.

| If you see this . . . | Do this . . . |
|---|---|
| <ul style="list-style-type: none"> • Severe Headache • Respiratory difficulties • Profuse Sweating, flushed face or reddened skin • Tight chest • Blurred/disturbed vision • Nasal congestion • Nausea • Anxiety, sense of doom | <p><u>Stay with student, Sit student up and keep student calm/quiet</u></p> <ol style="list-style-type: none"> 1. CALL 911 for severe headache, pain in chest, and/or shortness of breath, anxiety and/or sense of impending doom 2. Call School Nurse at EXT _____ and state student's name 3. Call Parent/Guardian 4. Notify Administration <p>*Silent Autonomic dysreflexia does not have symptoms despite significant elevation in blood pressure</p> |

| Emergency Medication Name | Amount | In Clinic or On Student |
|---------------------------|--------|-------------------------|
| 1. _____ | _____ | _____ |
| 2. _____ | _____ | _____ |

Comments or special instructions:

Parent/Guardian Name: _____ Phone: _____

| | Student's Grade / Date / Nurse's Initials | | | |
|--|---|--|--|--|
| _____ School Nurse/Licensure/Initials | | | | |
| _____ School Nurse/Licensure/Initials | | | | |
| _____ School Nurse/Licensure/Initials | | | | |