



**Health Services Division
Choking Emergency Care Plan**

Students Name: _____ Date of Birth: _____

Choking is a blockage of the upper airway by food or other objects, which prevents a person from breathing effectively. Choking can cause a simple coughing fit, but complete blockage of the airway may lead to death. **Choking is a true medical emergency that requires fast, appropriate action by anyone available.**

If you see this . . .	Do this . . .
<ul style="list-style-type: none"> • Respiratory difficulties • Inability to talk • High-Pitched coughing • Wheezing sounds • Clutching throat • Color changes/turning blue • Increased Drooling • Gurgling • Unresponsive/Loss of consciousness 	<p><u>Stay with student, keep student calm/quiet</u></p> <ul style="list-style-type: none"> • Call 911 and begin steps of First Aid/CPR if certified as necessary • Call School Nurse at EXT _____ and state student's name • Call Parent/Guardian • Notify Administration

Emergency Medication Name	Amount	In Clinic or On Student
1. _____	_____	_____
2. _____	_____	_____

Comments or special instructions:

Parent/Guardian Name: _____ Phone _____

	Student's Grade / Date / Nurse's Initials			
_____ School Nurse/Licensure/Initials				
_____ School Nurse/Licensure/Initials				
_____ School Nurse/Licensure/Initials				