



**Health Services Division  
Cystic Fibrosis Emergency Care Plan**

Students Name: \_\_\_\_\_ Date of Birth: \_\_\_\_\_

Cystic fibrosis is a life-threatening disorder that causes severe damage to the lungs and digestive system. Cystic fibrosis affects the cells that produce mucus, sweat and digestive juices. These secreted fluids are normally thin and slippery. But in cystic fibrosis, a defective gene causes the secretions to become thick and sticky.

If you see this . . .	Do this . . .
<ul style="list-style-type: none"> <li>• Decreased ability for daily living/exercise</li> <li>• Breathlessness</li> <li>• Respiratory difficulties</li> <li>• Inability to talk</li> <li>• Nasal Flaring</li> <li>• Wheezing or grunting</li> <li>• Retractions</li> <li>• Color changes/turning blue</li> <li>• Unresponsive/Loss of consciousness</li> </ul>	<p><b><u>Stay with student, keep student calm/quiet</u></b></p> <p><b>1. Call 911 immediately:</b> If the student has any of the following symptoms:</p> <ul style="list-style-type: none"> <li>• Shortness of breath or respiratory difficulties</li> <li>• Continuous coughing/cannot clear mucus</li> <li>• Complains of tightness in chest</li> <li>• Blue or purple coloration of the skin or mucous membranes and/or around mouth</li> <li>• Unresponsive/Loss of consciousness</li> <li>• Begin steps of First Aid/CPR if certified as necessary</li> </ul> <p>2. Call School Nurse at EXT _____ and state student's name</p> <p>3. Call Parent/Guardian</p> <p>4. Notify Administration</p>

Emergency Medication Name	Amount	In Clinic or On Student
1. _____	_____	_____
2. _____	_____	_____

Comments or special instructions:

Parent/Guardian Name: \_\_\_\_\_ Phone \_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

	Student's Grade / Date / Nurse's Initials			
_____ School Nurse/Licensure/Initials				
_____ School Nurse/Licensure/Initials				
_____ School Nurse/Licensure/Initials				