

April

2020

SPHS Football

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
5	6	7	8	9	10	11
Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00		
12	13	14	15	16	17	18
Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00	Weight Lifting after school 3:30 - 5:00		2020 Lift-A-Thon 8:00 - 12:00
19	20	21	22	23	24	25
No Weight Lifting - Coaches meetings to prepare for Spring Practice	No Weight Lifting - Coaches meetings to prepare for Spring Practice	No Weight Lifting - Coaches meetings to prepare for Spring Practice	No Weight Lifting - Coaches meetings to prepare for Spring Practice	No Weight Lifting - Coaches meetings to prepare for Spring Practice		
26	27	28	29	30		
First day of Spring Practice 4:00-6:00	Practice 4:00-6:00	Practice 4:00-6:00	Practice 4:00-6:00	No Practice - Players stay after school Recruiting Forum 5:00 Spring Chowdown 6:00		