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Weekly News for Parents  
Shell Elementary School  
Friday, October 3, 2019

**Don't forget to complete your Yankee Candle Order! Profits from this fundraiser (40%) support positive behavior initiatives at Shell Elementary. Visit [www.yankeecandlefundraising.com](http://www.yankeecandlefundraising.com) and enter Group #990058819 to support our school!**

**Spotlight on developing self control:**

To put it into everyday terms, self-control is your child's ability to stop and think before acting. This, of course, gives your child a much better chance of making a good choice in a given situation, such as deciding not to argue about a video

game or hit his sister. In another sense, self-control is the ability to remain goal-directed in the face of temptation to stray off course, such as choosing to stick with homework when the temptation of social media is just a click away.

**\*Foster good habits**

**\*Encourage responsibility**

**\*Enforce limits**

**\*Encourage delayed gratification**

**\*Pause, stop, and think in stressful situations**

Happy Birthday!

Mrs. Parsons 10/7

Mr. Hutchinson 10/31

Mrs. Mitchell 11/6

Mrs. VanZant 11/10

## Coming Events

**Fri., 10/4**

No school; UF Homecoming

**Fri., 10/11**

Grades 2-4 to UF Performing Arts Center

Yankee Candle Ends

**Mon., 10/14**

End of first 9 weeks

**Tues., 10/15**

Flu Mist @ Shell with signed parent consent

**Thurs., 10/17**

Fall Festival 4:00-6:30

**Fri., 10/18**

No school; Teacher Workday

**Mon., 10/22**

Individual Student Picture Day

**Thurs., 10/24**

Report Cards Go Home

**Tues., 10/29**

AR Family Reading night from 6-7 (wear your favorite costume)!

**Wed., 10/30**

K-2 Awards assembly @ 8:15

**Thurs., 10/31**

3rd grade to Little Orange Creek Nature Park

**Fri., 11/1**

Grades 3-5 Awards assembly @ 8:15

**Mon., 11/11**

No School; Veteran's Day

## Self-Control

1. STOP

2. Think

3. What could happen?

4. Is that what I want?