

Alachua County Public Schools
Health Services Department
Illness Parent Letter

Date: _____

Dear Parent or Guardian:

If your child gets sick, it is often most appropriate to keep him/her home from school. A sick child will not be able to perform well in school and is likely to spread the illness to other children and staff.

The Alachua County Public School guidelines state that you should not send your child to school if he/she has:

- Fever in the past 24 hours 100.4° F (38° C) or greater with temporal thermometer. Student must be fever free for 24 hours without fever reducing medication to return to school.
- Vomiting in the past 24 hours.
- Diarrhea in the past 24 hours.
- Strep Throat. Student must have been taking an antibiotic for at least 24 hours to return to school.
- Bad cold, with a very runny nose or bad cough that keeps child awake at night.
- Flu like Symptoms: Headache, fever, sore throat, runny and stuffy nose, cough, feeling bad. Student must be fever free for 24 hours without fever reducing medication to return to school.
- Rash. For all unidentified rashes/skin conditions student will be excluded until diagnosis. Student must have a note from a licensed health care provider to return to school.
- Pinkeye. Student must be on antibiotic eye drops for 24 hours to return to school.

Your cooperation on this issue is appreciated. For any questions or concerns, please contact your School Nurse:

School Nurse

Phone