



Health Services

## Pulmonary Hypertension Emergency Care Plan

Pulmonary hypertension is a type of high blood pressure that affects the arteries in the lungs and the right side of your heart. \*Be particularly alert to wheezing, acting lethargic (very tired), labored breathing, fever, and cyanosis (blue or purple lips).

| <b>If You See This</b>   | <b>Do This</b>  |
|--|---|
| <ul style="list-style-type: none"> <li>• Difficulty talking</li> <li>• Cough and/or fever</li> <li>• Wheezing, difficulty swallowing or breathing</li> <li>• Not mentally alert as evidenced by difficulty concentrating or appearing confused</li> <li>• Using neck muscles, muscles between ribs or stomach muscles to breathe</li> <li>• Extreme paleness/gray color, clammy skin</li> <li>• Blue discoloration around of lips/fingernails</li> <li>• Unresponsive/Loss of consciousness</li> </ul> | <p><b><u>Stay with student, keep student calm</u></b></p> <p><b>1. Call 911 immediately:</b><br/>           If the student has any of the following symptoms:</p> <ol style="list-style-type: none"> <li>1. Shortness of breath or respiratory difficulties</li> <li>2. Blue or purple coloration of the skin or mucous membranes</li> <li>3. Unresponsive/Loss of consciousness</li> <li>4. Begin steps of First Aid/CPR if certified as necessary</li> </ol> <p>2. Send for School Nurse and state student's name</p> <p>3. Notify Administration</p> <p>4. Nurse /Administration will notify Parent/Guardian</p> |

An **Emergency Care Plan (ECP)** is a plan that gives specific steps for school staff to take when a student has a medical emergency. The plan contains a short definition of the condition, signs and symptoms of the health condition that are emergent and a written step-by-step instruction that outlines what school staff should do for that emergency. Skyward provides information regarding the student's medical condition and parental/guardian's contact information. Health Conditions and ECPs are to remain confidential. Please keep in a secure location and not out in the open.

- We ask that teachers familiarize themselves with the ECPs that are applicable to students' health condition/s in their class. Ask privately:
  1. If the student uses emergency medication/s
  2. If the student keeps emergency medication/s with them
  3. If the student keeps emergency medication/s in the schools' clinic
- Fill out the Student Health Condition List. Print out as many as needed or one per class period.
- Leave the Student Health Condition List and ECPs pertinent to current health conditions in the substitute teacher folders in a secure location
- Ask the school nurse to meet in order to answer any questions on student's health condition or to provide training on emergency medication/s